

Stepping Out: Heart Foundation HAbD Interactive Walkshop in the Perth CBD

Presenters: Jo Appleby (Heart Foundation), Time Greenhill (Urbis), Claire Franklin (Franklin Planning)

The Heart Foundation Healthy Active by Design is a highly successful example of a cross-sector collaboration engaging with stakeholders in a variety of disciplines some of which are not usually engaged in planning matters. As a result, the website, case studies checklists and tools enable benefits to be realised across planning, and health. The vision is for a sustainable nation-wide on-line one-stop web-based portal with core and dynamic content that clearly articulates evidence, resources, linkages and connection between health and urban planning and positions the Heart Foundation as a leader in promoting and supporting heart healthy built environments.

A ninety (90) minute interactive professional development walkshop for practitioners conducted by local industry professionals applying the HAbD tool in relation to 2 new HAbD local case studies. The interactive workshop will give participants (25-30) an opportunity to learn about the HAbD Tool and its development, along with participating in a hands-on walk tour experience showing how the HAbD Tool can be applied to achieve healthy active outcomes. Participants will be requested to familiarise themselves with the HAbD resource ahead of the session.

www.healthyactivebydesign.com.au

Do you want to get some fresh air and leave the confines of the auditorium? If you answered yes then this session is for you.

Stepping Out: Heart Foundation HAbD Walkshop is an active and collaborative learning opportunity to engage with two local showcase projects within the Perth CBD. Elizabeth Quay, located on the Swan River, a tourist and leisure destination and the newly opened Yagan Square, a celebration of the State's cultural heritage and entertainment hub which demonstrates Perth's coming of age as a vibrant and liveable city. Delegates will be encouraged to learn on their feet, at a leisurely pace whilst becoming familiar with the Heart Foundation's user-friendly HAbD tool for engaging in discussion of what makes a healthy active place.